



Specializing in Cancer and Blood Disorders

PET/CT Patient Instructions

You have been scheduled for a PET/CT Scan. This procedure utilizes both Positron Emission Tomography, which demonstrates biological and metabolic functions of the body, and Computed Tomography, which provides anatomical information about the body. These two technologies combined give a more complete picture of the body. This makes it easier to diagnose problems, determine the extent of the disease, prescribe treatment, and track progress.

You will be contacted via phone call with your appointment, date and time. If you have any questions, please call us at 904-538-4490.

Please arrive 15 minutes prior to your appointment time.

The day before the exam:

- Maintain a low carbohydrate diet for 24 hours prior to the scan. **(Limited sugar, pasta and bread)**
- No strenuous exercise for 24 hours prior to the scan.
- If you are severely **claustrophobic**, please discuss with your physician 24-48 hours prior to your appointment.

The day of the exam:

- The procedure takes approximately 2 to 4 hours depending on your diagnosis.
- Do not eat or drink anything, **except water**, for 4 hours prior to the test. This includes **gum, candy, or mints**.
- **If you are a diabetic who is taking insulin, please do not take your insulin 4 hours prior to your PET/CT scan.**
- Wear warm, comfortable, loose fitting clothing that is free of metal. The scan room tends to be quite cool.
- Leave jewelry and valuables at home.
- Patients on oxygen must bring their own supply.
- Continue to take any medications prescribed by your physician, as long as they are tolerated on an empty stomach.

***Please note: If you are having a CT Scan with IV Iodinated Contrast and you take a diabetic medication containing Metformin, it is recommended that you discontinue your medication for 48 hours after your scan. You should contact your primary care physician before stopping any medication.**

- When the scan is complete, you can resume your normal diet and activity.
- **As an extra precaution, avoid getting close to small children and pregnant women, for the rest of the day.**

If you are having a CT Scan of the **abdomen and/or pelvis**, your scan may require oral contrast (barium)

- Drink ½ of the bottle 2 hours before the scan, at _____.
- Drink the remainder of the bottle 1 hour before the scan, at _____.

Your appointment is:

Date

Time

Location

If you are unable to keep this appointment, please call Scheduling at 904-538-4490.

*For questions, please call 904-538-4490
Driving directions on back*

PET/CT LOCATIONS

Southside
5742 Booth Road
Jacksonville, FL 32207

Directions from I-95 North:
Take the Emerson Exit/US-1 Alt east (left) to Beach Blvd. Turn right on Beach Blvd. Turn right onto University Blvd. Turn right onto Booth Rd and the location will be on your left.

Directions from I-95 South:
Take the University Blvd Exit east (right) to Booth Rd. Turn left onto Booth Rd and the location will be on your left.

St Augustine
9 San Bartola Drive
St. Augustine, FL 32086

Directions from I-95 North:
Take Exit 311/State Rd 207 east (left) to State Rd 312. Turn right onto State Rd 312. Turn right onto Sgt Tutten Dr. Take your first left onto San Bartola Dr and the location will be on your left.

Directions from I-95 South:
Take Exit 311/State Rd 207 east (right) to State Rd 312. Turn right onto State Rd 312. Turn right onto Sgt Tutten Dr. Take your first left onto San Bartola Dr and the location will be on your left.

Fleming Island
2370 Market Drive
Fleming Island, FL 32003

Directions from I-95 North:
Take the 295/9A West Beltway Exit (right) to Exit 10 (Roosevelt Blvd). Turn left onto Roosevelt Blvd/Hwy 17. Turn right onto Village Square Pkwy. Turn left onto Town Center Blvd and turn left onto Market Drive.

Directions from I-95 South:
Take the 295/9A West Beltway Exit (left) to Exit 10 (Roosevelt Blvd). Turn left onto Roosevelt Blvd/Hwy 17. Turn right onto Village Square Pkwy. Turn left onto Town Center Blvd and turn left onto Market Drive.

Southpoint
7015 AC Skinner Parkway, Building 100
Jacksonville, FL 32256

Directions from I-95 North:
Take the Butler Blvd Exit east to Belfort. Turn right onto Belfort. Turn left onto AC Skinner Parkway and the location will be on your left. *The treatment center is the first building on the right.*

Directions from I-95 South:
Take the Butler Blvd Exit east and keep right. Turn right onto Belfort. Turn left onto AC Skinner Parkway and the location will be on your left. *The treatment center is the first building on the right.*

Beaches
357 11th Avenue South
Jacksonville Beach, FL 32250

Directions from I-95 North or 295/9A West Beltway:
Take the Butler Blvd Exit east (left) to A1A/3rd Street. Go north (left) on A1A. Turn left on 11th Ave South and the location will be on your right – Dr Alice Reed's office

Directions from I-95 South or 295/9A East Beltway:
Take the Butler Blvd Exit east (right) to A1A/3rd Street. Go north (left) on A1A. Turn left on 11th Ave South and location will be on your right.
– Dr Alice Reed's office

Riverside
2563 Oak Street
Jacksonville, FL 32204

Directions from I-95 North:
Take Exit 352A for Forest Street toward Riverside Ave. Turn left onto Forest Street. Turn right onto Riverside Ave. Turn right onto Barrs Street and the location will be on your left. Park on the corner of Barrs and Oak Street.

Directions from I-95 South:
Take Exit 351A for Park Street. Turn left onto Park Street. Turn left onto Barrs Street and the location will be on your right. Park on the corner of Barrs and Oak Street.

For questions, please call (904) 538-4490