



CT Patient Instructions

You have been scheduled for a CT Scan, which provides anatomical information about the body.

Please arrive 15 minutes prior to your appointment time.

The day of the exam:

- Allow plenty of time for your test. The procedure takes approximately 30 minutes to 1 hour depending on your diagnosis and exam ordered.
- Do not eat or drink anything, **except water**, for 2 hours prior to the test. If your scheduled time permits and you choose to eat 2 hours prior to your appointment time, please do not have a heavy meal.
- Wear warm, comfortable, loose fitting clothing that is free of metal. The scan room tends to be quite cool.
- Leave jewelry and valuables at home.
- Patients on oxygen must bring their own supply.
- Continue to take any medications prescribed by your physician.
- **If your CT does not require IV contrast, you do not have to fast prior to your scan. You may eat or drink anything you like.**

****Please note: If you are having a CT Scan with IV Iodinated Contrast and you take a diabetic medication containing Metformin, it is recommended that you discontinue your medication for 48 hours after your scan. You should contact your primary care physician before stopping any medication.***

- Depending on the exam ordered, you may be given an IV contrast containing iodine. If you have ever had an allergic reaction or know you are allergic to an iodinated contrast, please discuss this with your physician prior to your exam day.
- When the scan is complete, you can resume your normal diet and activity.
- The results of your CT Scan will be sent to your physician within 72 hours.

If you are having a CT Scan of the **abdomen and/or pelvis**, your scan will require oral contrast (barium)

- Drink ½ of the bottle 2 hours before the scan, at _____.
- Drink the remainder of the bottle 1 hour before the scan, at _____.

Your appointment is:

Date

Time

Location

If you are unable to keep this appointment, please call Scheduling at 904-538-4490.

For questions, please call 904-538-4490